

Kat's Official Long Bio

Best-selling, Multi-Award-Winning Author Kat Kronenberg wrote the books she needed as a little girl. Her Live Big Series helps build a strong social and emotional foundation for readers of all ages, offering life skills that empower us to live our best lives no matter what challenges come our way.

Through heroic journeys and unforgettable African animal characters, Kat gives readers fun, dynamic ways to LIVE BIG together. As Albert Einstein said, "If we look deep into nature, we will understand everything better." Kat's stories use nature as a mirror, showing us how to become the star of our own story while choosing connection, communication, and collaboration.

Her Live Big Series—Dream Big (2017), Love Big (2019), Think Big (2020), and Live Big with CATCH-M (2025)—are must-haves for every classroom, library, and family. On her website, teachers, parents, and kids can also find free curriculums, games, writing exercises, downloads, and more.

Kat lives in Austin with her husband, family, and their four-legged friend. Her work has been recognized for seven consecutive years by the Austin Business Journal's "Women in Business" Awards, an honor she believes highlights the power of books and the importance of sharing meaningful stories.

Her inspiration for the Live Big Series came from her own search for light in the face of hardship. At fifteen, she lost her brother suddenly. With no tools for social and emotional learning, she struggled—as did her parents. Years later, determined to reclaim her "YES" to life, Kat set out to discover how to live wholeheartedly and with resilience.

At forty, while sitting in a symphony with her husband, she felt a jolt of divine inspiration: "Kat, you need to write books about the power of a smile to help kids—and everyone—live their best lives together." Though she knew nothing about becoming an author, Kat honored the call, and after a decade of dedication, she brought her vision to life.

Today, her greatest joy is watching children hold her books like lifelines. Kat hopes her books give kids life skills to face adversity, nurture bravehearts, and fill their

lives with CATCH-M's gift of love every day. How fun for us all to shine and share love's wondrous power—together!