

Standards-Aligned Writing Workshops for Grades K – 5

Presented by Award-Winning Author

Kat Kronenberg

CELEBRATE LIFE!
WRITE A STORY USING THE SECRETS
FROM KAT'S BIG BOOKS



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Guide Crafted by
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CELEBRATE LIFE!

WRITE A STORY USING THE SECRETS FROM KAT'S BIG BOOKS

HOW THE SECRETS WORK:

In the beginning, life was simple in Africa.

But as time passed, life got more complicated.

To overcome the complications, hardships, & naysayers, animals uncover some powerful secrets that reveal the transformative power of the star stuff that live above us, around us, & within us all.

The animals discover that they can invite the transformative power of the stars into their life when they choose to SMILE & BELIEVE!

When they do SMILE & BELIEVE, they light the divine spark in their heart—a priceless, timeless treasure hidden in their chest!

The animals realize that we all have the gift of stars hidden in our chests just waiting to be lit.

When we light our heart of stars, the animals learn that it gives us the extra strength & courage we need to go after our dreams!

The animals use these secrets to go on their own heroic quests to live their best life!

We can too, but first, let's make sure we understand the two important keys to their discovery:

THE KEYS THAT UNLOCK THE SECRETS:

1. TO SMILE

- A smile is a whole-hearted, happy, & engaged facial expression
- A big smile is one that comes all the way up from your belly, through your chest, & shines from your face who you are.
- A smile can be shared & is a powerful skill that can transform a life.
- Kat calls a smile our “U-SHAPED BRIDGE”! A bridge is a span that allows to fixed points that would never meet over chasms or obstacles to connect.
When Kat watches folks, she calls her heroes, & they use this bridge to connect:
~ Their lives to the power of something “GREATER” by smiling big in who they are as they connect with God, the Universe, their Wished-Upon Star or whatever name works for them!
(*Dream Big*)
~ Their hearts to others by sharing big smiles! (*Love Big*)
~ Their head to their heart with big inside smiles that trusts in all that is! (*Think Big*)

2. TO BELIEVE

- A belief is a state or habit of mind in which faith & confidence is placed in the truth, the existence, or the reliability of something or someone with or without empirical evidence.
- A belief is a powerful life skill that can help bridge any gap. Again, when Kat watches folks, she calls heroes, they use this skill to help fill the hard gaps in life by:
~ Believing in themselves! (*Think Big*)
~ Believing in those around them! (*Love Big*)
~ Believing in something GREATER! (*Dream Big*)



Miraculous things happen in an animal’s life when they combine these life skills, just like the inside core of a star where two hydrogen atoms meet & fuse together releasing energy, transforming into a shiny new atom called helium.

THE SECRETS FOUND IN EACH BOOK:

1. DREAM BIG:

The first SECRET is to SMILE BIG in who you are & BELIEVE in yourself & your dream! When the animals use this secret, they invite the STARS ABOVE THEM—their wished-upon star—to ignite THEIR HEART OF STARS!.

2. LOVE BIG:

The second SECRET is to SHARE BIG SMILES & BELIEVE in each other & each other’s dreams! When the animals use this secret, they invite the STAR STUFF SURROUNDING them—that hugs & protects them like a warm blanket they cannot see with their naked eye—to ignite THEIR HEART OF STARS!

3. THINK BIG:

The third SECRET is to experience a BIG INSIDE SMILE that connects our head to our heart as we BELIEVE in all that is! When the animals use this secret, they invite the STAR STUFF WITHIN them—that reminds them they are extraordinary, the only me who will ever be, born with gifts that only they can share with the world—to ignite THEIR HEART OF STARS!

APPLICATION – WRITE A STORY USING THE ANIMAL’S SECRETS:

Write a story using one or all THREE SECRETS from Kat’s Big Books. Write about life, an animal you love, a person who inspires you, an event you find fascinating, an article in the newspaper, & the list goes on. Ask questions about the characters in your story:

- What dreams do they want to achieve? What goals do they hope to accomplish?
- What skills do they need for their journey?
- What character defects must they overcome?
- What problems, hardships, naysayers will they be forced to face?
- Do they meet any mentors along the way?
- Does a supernatural force play a part—God, Mother Earth, Stardust, The Force, or make up your own?
- How does your character take the heroic things they learn & use them to help others?
- Answer any other questions that can help your character become the hero of their story & celebrate their best life too!

Have a blast using your imagination!

Celebrate the power of the stars above, around, & within your characters.

Celebrate your characters ability to smile & believe, to help them transform their life, no matter what gruesome naysayer, heartbreaking hardship, or overwhelming obstacles they face along the way.



MEET THE AUTHOR – KAT KRONENBERG



Kat Kronenberg is a born-and-raised Texan with a Big Dream: that Two-Leggere--people--all around the world Love Big, catch CATCH-M too, and watch their wildest dreams come true as we live out the motto, “WE can! WE are ONE!” Kat lives in Austin with her husband and is the proud parent of two amazing boys, two beautiful adopted nieces, four fantastic grandchildren, and three four-legged friends.

COMMON CORE STATE STANDARDS ALIGNMENT:

English Language Arts Standards » Reading: Literature: RL.K.1, RL.K.2, RL.K.3, RL.1.1, RL.1.2, RL.1.3, RL.2.1, RL.2.2, RL.2.3, RL.3.1, RL.3.3, RL.4.3, RL.5.3

English Language Arts Standards » Writing: W.K.2, W.K.3, W.1.2, W.1.3, W.2.2, W.2.3, W.3.2, W.3.3, W.4.2, W.4.3, W.4.2, W.4.3, W.5.2, W.5.3

English Language Arts Standards » Speaking & Listening: SL.K.3, SL.1.3, SL.2.3, SL.3.3, SL.4.3, SL.5.3

TEXAS ESSENTIAL KNOWLEDGE & SKILLS STANDARDS ALIGNMENT:

English Language Arts and Reading:

Kindergarten – 110.2.b.1, 110.2.b.3, 110.2.b.6, 110.2.b.9, 110.2.b.10

First Grade – 110.3.b.1, 110.3.b.3, 110.3.b.6, 110.3.b.9, 110.3.b.10, 110.3.b.11, 110.3.b.13

Second Grade – 110.4.b.1, 110.4.b.3, 110.4.b.6, 110.4.b.9, 110.4.b.10, 110.4.b.11, 110.4.b.13

Third Grade – 110.5.b.1, 110.5.b.3, 110.5.b.10, 110.5.b.13

Fourth Grade – 110.6.b.1, 110.6.b.3, 110.6.b.10, 110.6.b.13

Fifth Grade – 110.7.b.1, 110.7.b.3, 110.7.b.10, 110.7.b.13

